

Skill Development

The Basics of Prepping for the Real World” - The Survival Podcast

<http://www.thesurvivalpodcast.com/basics-real-world>

Emergency Financial First Aid Kit”

<http://www.fema.gov/media-library/assets/documents/96123>

Take 5 to Survive”

<http://www.take5tosurvive.com/>

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